



MANSTON AND DISTRICT NEWS  
JULY 2017



This is a picture drawn and engraved by George Walker of Manston Caves and was published in June 1812.. Thanks to Mike Luckhurst for this. Can anyone identify this point?

## **PARISH MEETING 12th JUNE**

### **CHAIRMANS REPORT**

The dog area is open again and looking good. Photos have been received from the church regarding people parking badly and obstructing the pavements. The church warden has been advised to contact the community warden. One of the children's baby swing seats is broken again, Cllr Samme confirmed that we could use the credit note we had from Wicksteed to pay for this. Seconded Cllr Matthews, all in favour

### **HIGHWAYS**

Cllr Dearing advised that he is still waiting for KCC to come back to him following the meeting in January. . He is also still waiting to hear from public rights of way regarding the blocked footpath at Preston Park.

### **INDIVIDUAL COMMITTEE REPORTS**

County Councillor Ken Gregory reported that approval is being sought for a new relief road at WWX. Sturry bypass has also been approved. Pot-holes – will now be completed by local contractors, so the process will be a lot quicker.

County Cllr Emma Dawson advised that KCC have a significant budget for healthcare. They will be creating hubs and everything will be under one roof. They are looking to recruit more care workers, and looking at options to do this.

Cllr Crow-Brown congratulated members Cllr Dawson and Cllr Gregory on their appointment. He advised that the waste and recycling has done a fantastic job recently. He also congratulated the housing team and the events team at TDC who also do a good job. Creative business within Thanet has grown 84%. . The old MOD fuel depot has continuing issues which are being dealt with.

### **QUESTIONS**

Cllr Dearing asked why the community warden doesn't attend the P C meeting – Clerk to chase up again.

Hedging at the rear of The Leys- when will it be cut? We are relying on the farmer so unable to give firm dates.

Cllr Samme asked if Cllr Wilson would also look at the planning applications.

### **DATE/TIME OF THE NEXT MEETING**

The next Parish Council meeting would be held on 17<sup>th</sup> July 2017 at 7:00pm in the RAF Manston History Museum.



#### MINSTER PRACTICE NURSE WINS MAJOR AWARD

Dawn Langdon, a Nurse Practitioner at Minster Surgery, has been awarded "The Inspirational Mentor Award" for the whole of Kent and Medway NHS Practice Nurses, at a presentation at the Tudor Park Marriott Hotel.

Dawn has been a member of the team at Minster Surgery for over 17 years, firstly as a District Nurse and now to her present position as Nurse Practitioner. She is a valued member of the team and has gained the trust and respect of her patients.

Therefore, on behalf of the staff and patients at Minster Surgery, we would like to offer our sincere congratulations on this well deserved award.

#### LOAN EQUIPMENT FOR PATIENTS

Would any patient who currently has equipment on loan from the surgery, kindly return it at their earliest convenience, because an audit is due to be carried out very shortly.

#### IT'S HOLIDAY TIME!

Despite the fact that our weather doesn't always agree, for many of us summer holidays beckon! So please remember to order your "Repeat Prescriptions" in good time, and most importantly, check whether your "Annual Review" is imminent.

#### SURGERY CLOSURE DAYS

Please note that the surgery will close from 12.00 Mid-day onwards on the following days:

Staff Training - Wednesday 19th July; Thursday 28th September

Bank Holiday - Monday 28th August - closed all day

Please ensure that you have sufficient medication to last you during these times, and of course, please don't forget to include all the family who may require repeat prescriptions and check when their medication review appointment is due.

Should you need to see a Doctor when the surgery is closed, please call the "NHS 111 Service" via the normal surgery number 821333 where you will be transferred automatically, or you can call direct on "111", to receive "non urgent" confidential health advice and information for you and your family.

For Urgent/Life threatening cases please dial "999" as normal.

### MIISSED APPOINTMENTS

Despite a recent improvement - " Last Month: 50 PATIENTS DID NOT attend their DOCTOR'S APPOINTMENT! 44 PATIENTS DID NOT attend their NURSES APPOINTMENT!

BUT THATS STILL 94 PATIENTS WASTING VALUABLE AP-POINTMENTS and TIME! WHY BOTHER making an appointment (difficult enough at times!) and NOT USE IT? DON'T NEED IT - CANCEL IT! KEEP FORGETTING - GET TEXT REMINDER SERVICE

### "WALK FOR LIFE" ACTIVITY PROGRAMME

The surgery holds these events every Thursday morning at 1030, so why not come along and join us for a walk around the local area for about an hour, with the aim of meeting people, becoming more active and enjoying our local community. Why not exercise your dogs at the same time and meet fellow dog walkers who have already joined the group!

### "PATIENT GROUP MEETING

If you have any issues you would like to raise at our meeting in July, or require further information on any of the above, then please contact :

KEN SELF on Thanet 821200 or JEANNE LAWRENCE on Thanet 821049 or email :kenself@me.com



## MANSTON GARDEN CLUB

7th July Meeting as usual

5<sup>th</sup> Aug (Saturday) Manston Garden Club  
Annual Show. Judges Phylis and Bob

Chairperson Garden Club is Christine Watts  
01843 868582





## **St. Catherine's Church**

### **Using Rest To Pray.**

Most of us think of prayer as a very demanding activity, but did you know it can be extremely restful?

One of the great verse in the Bible says that: '**Be still and know that I am God**' (Psalm 46:10). This verse suggests we experience God most fully when we are still. When we cease rusting around, pausing for a moment of thought and recollection, we are becoming prayerful and God is very near. Even a break for a morning coffee can be a moment of prayer if we slow ourselves down and allow our thoughts to turn towards God. We can relax and be rested as we pray.

### **SERVICES IN JULY, 2017.**

02/07/17 **Sunday 9:30am – 3<sup>rd</sup> Sunday after Trinity; Holy Communion.**

09/07/17 **Sunday 9:30am - 4<sup>th</sup> Sunday after Trinity; Morning Worship.**

16/07/17 **Sunday 9:30am - 5<sup>th</sup> Sunday after Trinity; Holy Communion.**

23/07/17 **Sunday 9:30am - 6<sup>th</sup> Sunday after Trinity; Morning Worship.**

30/07/17 **Sunday 9:30am - 7<sup>th</sup> Sunday after Trinity; Shared Holy Communion Service with St. Christopher's church, Newington.**

Blessings Revd. Shola Aoka

### Reverend Shola Aoka

It is with sadness that we have learnt of the departure of Shola from St. Catherine's Manston. She has taken a position in Oxfordshire and will be leaving us before the end of September. We all send her best wishes for her future, and thank her for all her participation in Parish events during her time with us in Manston.

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### CAN YOU HELP!!

The Parish Council has still got one vacancy for a Parish Councillor. If you feel you could help, please contact the clerk on 01843 848473 or mail [manstonparishcouncil@gmail.com](mailto:manstonparishcouncil@gmail.com)

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## HOW TO PROTECT YOUR DIGITAL IDENTITY

We all have some sort of online presence whether it's on social media, for retail and banking or an email account. Our reliance on digital information is increasing everyday. While it's natural to want to make our lives easier, avoid being tempted to use the same password for multiple accounts or use a password that's very easy to remember (ie password123). Criminals know that sometimes we don't use secure passwords and use it against us to steal our data

PASSWORD—Make them at least 8 characters. Try using 3 random words You can even use numbers to replace letters "JU5T L!K3 TH!5".

Avoid using personal information eg anniversary dates or children's names.

CHECK YOUR SECURITY SETTINGS- Particularly with social media sites such as Facebook, regularly check your security settings to see who can see your data.

In many cases when software is updated some of the security settings are reset to the original setting. Remember to check you are still protected.

FAKE WEBSITES-Try not to click on a link in an email; type in the URL instead. Clicking a link in a fraudulent email can take you to a phishing site that will look so real it will fool you into entering your login information.

CHECK BANK STATEMENTS-Check your payment receipts with the payment history on your bank statements and keep an eye out for unfamiliar transactions to recipients you've never heard of

KEEP SAFE ON LINE !